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Abstract

Modern work environments often lack quiet retreats where people can take a brief break and recharge their batteries. Especially in open plan offices or high traffic learning environments, noise, sensory overload and stress can impair concentration and well-being. As part of the European Project Semester 2026, our interdisciplinary team from various study programs and nationalities worked on a solution to this problem.

The resulting concept “Bloem” is a compact relaxation pod specifically designed for brief breaks during the workday. The goal is to create a shielded space that offers a quiet environment both acoustically and atmospherically. The use of appropriate materials and a well-thought-out design incorporating lighting and optional sound elements aims to provide a pleasant user experience.

Throughout the project, aspects such as sustainability, user-friendliness, and practical feasibility were taken into account. From the initial idea through market analysis to the development of the product, the central question remained: how can modern work environments be improved through simple yet effective solutions?

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