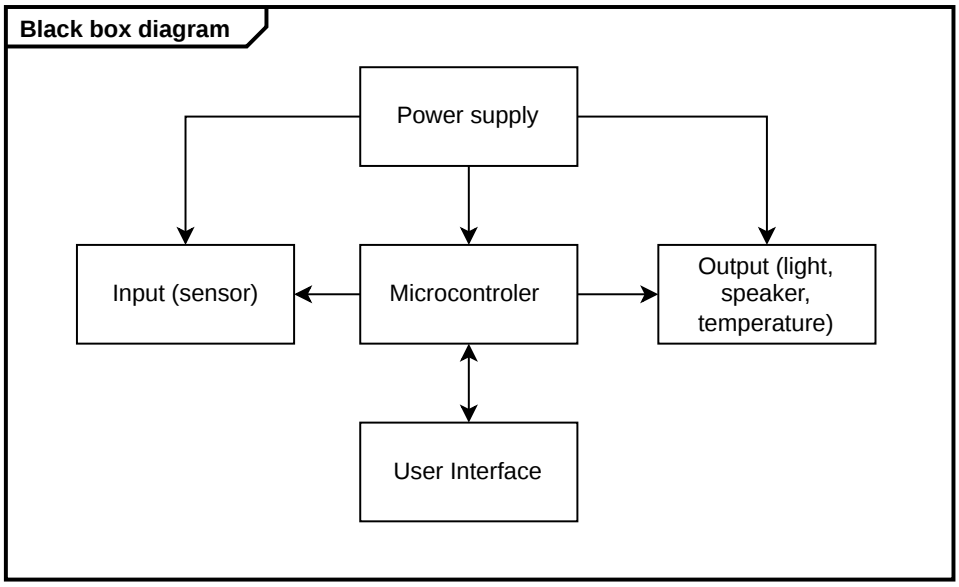
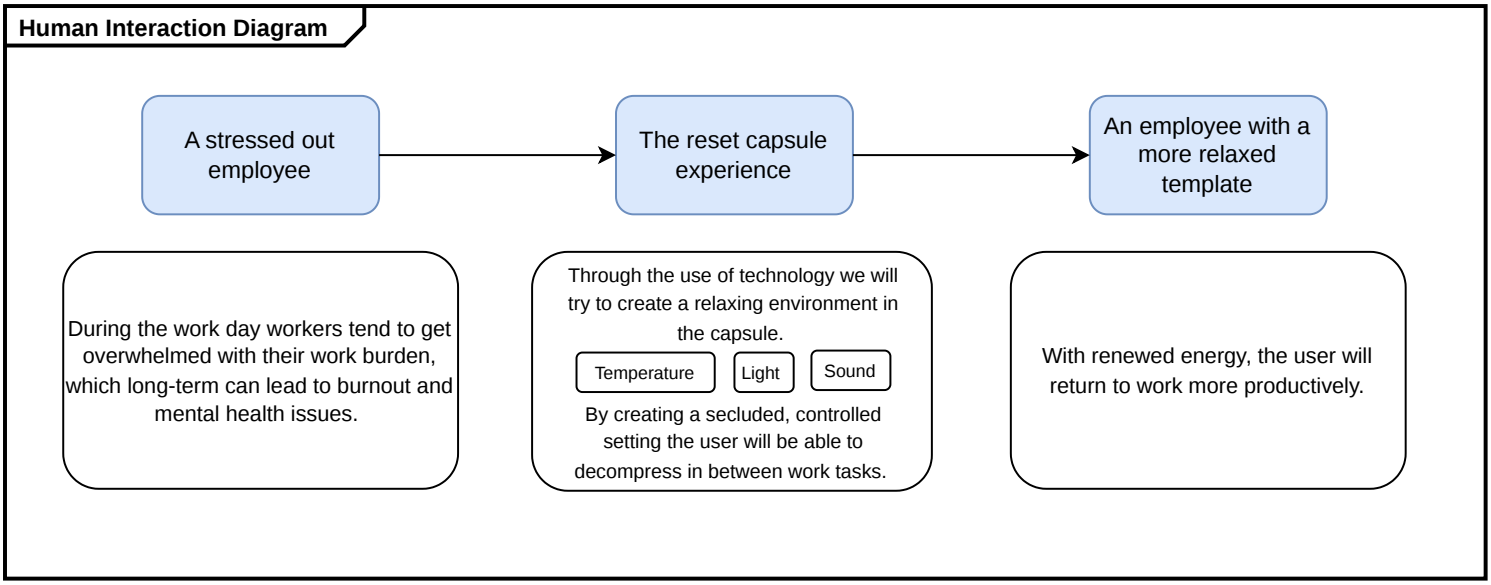

Black box diagram
Power supply
Input (sensor)
Microcontroler
Output (light, speaker, temperature)
User Interface


Human Interaction Diagram
A stressed out employee
The reset capsule experience
An employee with a more relaxed template
During the work day workers tend to get overwhelmed with their work burden, which long-term can lead to burnout and mental health issues.
Through the use of technology we will try to create a relaxing environment in the capsule.
Temperature
Light
Sound
By creating a secluded, controlled setting the user will be able to decompress in between work tasks.
With renewed energy, the user will return to work more productively.